## ABOUT OUR CLUBS

## LEARN FROM THE PROS

## ALLTENNIS ALL THE TIME

## One of four TETIIIîu facilities:



Tennis Club

## PRIVATE \& SEMI-PRIVATE LESSONS

| Private Lessons | $1 / 2$ hour | 1 hour |
| :--- | :--- | :--- |
| Director of Tennis (Zack) | $\$ 110$ | $\$ 180$ |
| Senior Professionals (Clive, Donovan, Lucian, Olivia) | $\$ 100$ | $\$ 160$ |
| Staff Professionals | $\$ 90$ | $\$ 150$ |
| Semi-Private Lessons | $1 / 2$ hour | 1 hour |
| Director of Tennis (Zack) | $\$ 75 / \mathrm{pp}$ | $\$ 120 / \mathrm{pp}$ |
| Senior Professionals (Clive, Donovan, Lucian, Olivia) | $\$ 70 / \mathrm{pp}$ | $\$ 105 / \mathrm{pp}$ |
| Staff Professionals | $\$ 60 / \mathrm{pp}$ | $\$ 95 / \mathrm{pp}$ |

$\rightarrow$ Fast \& Convenient:
Less than a minute from your car to the court
$\rightarrow$ Expert Instruction for ALL levels
$\rightarrow$ NO Membership Fees
$\rightarrow$ All Tennis, All the Time
$\rightarrow$ Healthier Air Through our State-of-the-art AtmosAir Filtration System
$\rightarrow$ Six Championship Hard Courts
$\rightarrow$ Racquet Pro Shop and Stringing Service
$\rightarrow$ Large Locker Rooms

## CLUB POLICIES

Club is not responsible for any injuries sustained on its premises or parking lots, or for the loss of personal property from the premises.

There is no towel service. Please BYOT (Bring Your Own Towel). No clinics or court play $11 / 22 / 23-11 / 26 / 23$ and $12 / 20 / 23-1 / 2 / 24$ There will be no make-ups or credits for missed classes, includes power failures and/or weather conditions.

A deposit of $\$ 150$ for clinic ( $\$ 300$ for High Performance) is required. Deposits are nonrefundable after $7 / 1 / 23$.
Cancellations not accepted after $9 / 7 / 23$ as deposits signify a commitment through the end of the season 5/12/24 (1/20/24 and 5/12/24 for half sessions).

Spread your payments over time, interest free, with Auto-Pay. We make paying as easy as playing. Call for details!

Fall/ Winter 2023-2024


98 Old Kings Highway N. Darien, CT 06820 203.655.8769 KingsHwyTennis.com

## JUNIOR PROGRAMS

Tennis Tots (Ages 4 to 5)
An introduction to tennis for our youngest players.
$\$ 440$ per session - 1-hour clinic, once a week, 8 Week Sessions
Session 1: $9 / 13 / 23-11 / 5 / 23 \quad$ Session 2: $11 / 8 / 23-1 / 21 / 24$
Session 3: 1/24/24-3/17/24 Session 4: 3/15/23-5/7/23
Red Ball 1 (Ages 5 to 8)
For very young beginners to learn the fundamentals of tennis.
1-hour clinic, once a week - Two sessions
Session 1: (16 weeks) 9/13/23-1/21/24-\$880
Session 2: ( 18 weeks) $1 / 22 / 23-5 / 26 / 24-\$ 990$
Red Ball 2 (Ages 6 to 9 )
Red 2 lesson plans build upon Red Ball 1 tennis competencies.
Session 1: (16 weeks) 9/13/23-1/21/24, 1-hour clinic, once a week - $\$ 880$ $2 \times 1$-hour clinics per week - $\$ 1,600$
Session 2: (18 weeks) 1/22/23-5/26/24, 1-hour clinic, once a week - $\$ 990$ $2 \times 1$-hour clinics per week - \$1,800

Intro to Orange Ball (Ages 8 to 11)
For junior players new to tennis who are age and level appropriate.
Session 1: (16 weeks) 9/13/23-1/21/24, 1-hour clinic, once a week - $\$ 1,056$ Session 2: (18 weeks) 1/22/23-5/26/24, 1-hour clinic, once a week - $\$ 1,188$
Orange Ball 1 (Ages 8 to 11)
Orange Ball 1 is for both beginner and intermediate 10 and Under players ready to play on a slightly larger court.
Session 1: ( 16 weeks) $9 / 13 / 23-1 / 21 / 24,1$-hour clinic, once a week - $\$ 1,056$ $2 \times 1$-hour clinics per week - \$1,920
Session 2: (18 weeks) 1/22/23-5/26/24, 1-hour clinic, once a week - $\$ 1,188$ $2 \times 1$-hour clinics per week - $\$ 2,160$

Orange Ball 2 (Ages 8 to 11) $\qquad$ Orange Ball 2 players are learning to become actively engaged in their own development and their competitive interests are rising.
Session 1: (16 weeks) 9/13/23-1/21/24, Two 1-hour clinics per week - \$1,920 Session 2: (18 weeks) 1/22/23-5/26/24, Two 1-hour clinics per week - $\$ 2,160$

Intro to Green Ball (Ages 10 to 12)
For junior players new to tennis, who are age and level appropriate.
Session 1: (16 weeks) 9/13/23-1/21/24, 1-hour clinic, once a week - \$1056 Session 2: ( 18 weeks) 1/22/23-5/26/24, 1-hour clinic, once a week - $\$ 1,188$

Green Ball 1 (Ages 10 to 12)
Designed for beginner to intermediate level players.
Session 1: (16 weeks) 9/13/23-1/21/24, 1-hour clinic, once a week - $\$ 1,056$ $2 \times 1$-hour clinics per week - $\$ 1,920$
Session 2: (18 weeks) 1/22/23-5/26/24, 1-hour clinic, once a week - \$1,188 $2 \times 1$-hour clinics per week - $\$ 2,160$

Green Ball 2 (Ages 10 to 12)


Green 2 builds on the skills and mechanics mastered in Orange $1 \& 2$, or Green 1 . Session 1: (16 weeks) 9/13/23-1/21/24, $2 \times 1$-hour clinics per week - $\$ 1,920$ Session 2: ( 18 weeks) $1 / 22 / 23-5 / 26 / 24,2 \times 1$-hour clinics per week $-\$ 2,160$

Intro to Yellow Ball (Ages 11 to 14)
For junior players new to tennis, who are age and level appropriate.
Session 1: (16 weeks) 9/13/23-1/21/24, 1-hour clinic, once a week - $\$ 1,056$ Session 2: (18 weeks) 1/22/23-5/26/24, 1-hour clinic, once a week - \$1,188

Yellow Ball 1 (Ages 11 to 14)
Taught using a rally-based curriculum.
Session 1: (16 weeks) 9/13/23-1/21/24, 1-hour clinic, once a week - $\$ 1,056$ $2 \times 1$-hour clinics per week - $\$ 1,920$
Session 2: (18 weeks) 1/22/23-5/26/24, 1-hour clinic, once a week - \$1,188 $2 \times 1$-hour clinics per week - $\$ 2,160$

Yellow Ball 2 (Ages 13 to 18)
Provides opportunity for Intermediate level teenage players to progress their skills in a fun and competitive environment.
Session 1: (16 weeks) 9/13/23-1/21/24, $2 \times 1$-hour clinics per week - $\$ 1,920$ Session 2: (18 weeks) 1/22/23-5/26/24, $2 \times 1$-hour clinics per week - $\$ 2,160$

## HIGH PERFORMANCE PROGRAMS

Red Ball Champs (Ages 9 \& Under)
Red Ball Champs is for players that are beginning their tennis journey and have found a desire to become great players someday. The main emphasis will be proper technique along with racquet control, cooperation, and movement.
*This program is by invitation only.
Session 1: (16 weeks) 9/13/23-1/21/24, $2 x$ per week - $\$ 1,920$ Session 2: (20 weeks) $1 / 22 / 24-6 / 9 / 24,2 x$ per week - $\$ 2,300$

Orange Ball Champs (Ages 10 \& Under)
Orange Ball Champs is for players that are beginning to compete in tournaments and have found a desire to become great players someday. The main emphasis will be to develop footwork fundamentals and strong technical foundations. 4:1 player to pro ratio. *This program is by invitation only.
Session 1: (16 weeks) 9/13/23-1/21/24, $2 x$ per week - $\$ 2,752$
Session 2: (20 weeks) 1/22/24-6/9/24, 2x per week - $\$ 3,440$
Green Ball Champs (Ages 12 \& Under)
Green Ball Champs is for competitive players that have progressed from training with orange ball. Green Ball Champs players are expected to have a solid technical base with few inconsistencies. Footwork drills and MatchPlay will be incorporated throughout practice. 4:1 player ratio *This program is by invitation only. Session 1: (16 weeks) 9/13/23-1/21/24, $2 x$ per week - $\$ 2,752$ Session 2: (20 weeks) $1 / 22 / 24-6 / 9 / 24,2 x$ per week - $\$ 3,440$

Junior Champs (Ages 12 \& Under)
Junior Champs are tournament players that have already spent time developing their game with orange and green balls. Players will continue developing their consistency through repetition, while also working on a range of tactical offensive and defensive match skills. 4:1 player to pro ratio.
*This program is by invitation only.
Session 1: (16 weeks): 9/13/23-1/21/24, $2 x$ per week - $\$ 4,192$
Session 2: (20 weeks): 1/22/24-6/9/24, $2 x$ per week - $\$ 5,240$

Champs (Ages 18 \& Under)
The Champs program is for competitive juniors who wish to reach the best level they possibly can with the goal of getting accepted to a college varsity team. Tennis specific fitness and structured MatchPlay is incorporated.
Pro ratio. Tournament play is required.
*This program is by invitation only.
Session 1: (16 weeks): 9/13/23-1/21/24, $2 x$ per week - $\$ 4,192$
Session 2: (20 weeks): 1/22/24-6/9/24, $2 x$ per week - $\$ 5,240$

## JV/Varsity (Ages 14 to 18)

Session (25 weeks): 9/14/23-3/24/24, $2 \times 90$ min clinics per week - $\$ 4,950$

## ADULT PROGRAMS

## Small Group Lessons

Adults will meet with our pros where the focus will be on stroke work, drills, and strategy. Participants will be grouped by ability with a low player/pro ratio. *Suggested Level $2.5-4.5$ Session ( 32 weeks): 9/13/23-5/12/24 1 hour per week - $\$ 2,048 \quad 1 \frac{1}{2}$ hours per week - $\$ 3,072$

## Learn Tennis Now

Is a goal-oriented adult learn to play program designed to make learning the basics of tennis fun, affordable, and accessible for everyone. *Must be a beginner and new to tennis. 5 -week clinic, $1 \frac{1}{2}$ hours per week - $\$ 99$

## Play Tennis Now

For those who have completed our Learn Tennis Now program and for players who have been introduced to tennis and require instruction on basic techniques. *Suggested Level 1.5 - $2.0,5$-week clinic, 1 1/2 hours per week - $\$ 269$

## Play Tennis Now Plus

For those players who have been introduced to tennis and basic techniques.
*Suggested Level 2.0 (Low-Intermediate), 5 -week clinic,
$11 / 2$ hours per week - $\$ 369$
Game Play (Weekly Drop-In)
This fun, fast paced game is a combination of great exercise and friendly competitive play. You will continually be moving from offense to defense in these fast-paced drills. *Level 3.0 and up, $1 \frac{1}{2}$ hours - $\$ 60$ per person.
Power 90 and Power 120 (Weekly Drop-In)
A high energy and fast-paced tennis \& fitness class. Includes important parts of doubles strategy through cardio based games, agility, footwork, and speed drills. With music and games that will challenge your stamina, this is a great way for men and women of all levels to get a full body, calorie-burning workout. *Levels 3.5-4.5
$11 / 2$ hours - $\$ 60$ per person 2 hours - $\$ 72$ per person

## Shot of the Week (Weekly Drop-In)

To improve each shot in tennis, you need to learn and review the fundamentals. In our one-hour clinic, work on your form and consistency in an intensive drill session focused on one stroke each week. Designed with specific drills and exercises to help you improve each shot. 1 hour - $\$ 50$ per person
Mixed Doubles Tennis Parties
Friday Night Round Robin for players 4.0 and above. $\$ 40$ per person

